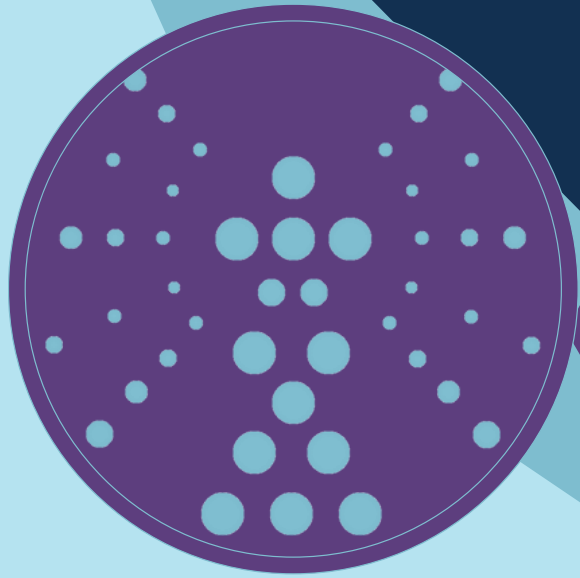




Lighthouse Training & Outreach Brochure

May 2025

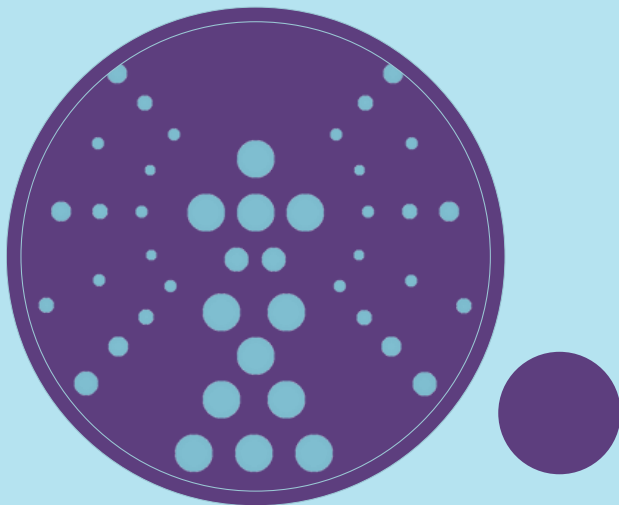


About us...

Lighthouse School is a pioneering, dynamic, and progressive school. We strive for unequivocal excellence in everything we do, and as such, our aim is to be recognised as a sector leader at a national level for students who have a diagnosis of autism.

Lighthouse Training & Outreach service was founded in 2018 to assist the growing need for specialist autism support within the region. We believe that early intervention and the right support can have a lasting impact and transform the lives of autistic children and young adults.

Our Training & Outreach service aims to share our established in-school expertise, specialist support strategies and evidence-based practice. Our specialist outreach staff bring a wealth of experience and have a high level of training in autism-specific approaches and advocate for neuro-affirming support. They have, and continue to access, certified training from leading providers and autistic advocates on a regular basis.



“The outreach has been so beneficial to our students and staff and we have been able to implement the practical recommendations quickly and easily”

SENCO – school-based outreach intervention

Our range of outreach, training and consultancy services utilise the knowledge and expertise of our staff to deliver life-changing outcomes for autistic children and young adults in other provisions and at home. Our approach is person-centred and tailored to meet individual needs.

Why choose Lighthouse?

Due to increasing pressure on Schools, Trusts and Local Authorities to achieve outstanding results, many settings are faced with significant challenges in supporting learners to achieve their desired outcomes and successfully transition to the next stage in their education.

Lighthouse Training & Outreach provides high- quality and cost effective support packages to meet the needs of your setting.

Excellent session, I enjoyed all content, and each section was insightful and to a high standard

Delegate from our Understanding Autism course

I really enjoyed all the resources that you made available throughout the course that I could take away and use in the future. I enjoyed that it was both group work and presentation

Delegate from a Neurodiversity in the Workplace bespoke training session

"Thank you to the Outreach Team for your support with our student and the changes we have seen have been fantastic"

Primary SENCO – short term Outreach Support

It was important for us to identify a suitable organisation to team up with for specialist advice and training in relation to young autistic people, some with a demand avoidant profile [...] the support we received with transition to the college environment was invaluable.

The training we attended was excellent, as was the work with a young woman [...] the report from the Lighthouse outreach worker helped the young person to successfully apply for an EHCP.

Staff were supported as they developed skills and we all benefitted from the outreach support.

Head of Learning, from a Yorkshire college - Outreach Support



90% of delegates rate our training 5 out of 5.

Lighthouse Training & Support



The **National Autistic Society's Education Report** (2021)

- Only **1 in 4 parents** of autistic children were **happy** with their child's **education**
- Over **70% of autistic** learners thought that **school** would be **better** if more **teachers understood autism**

Our training is available to any educational provider or local authority. Training can be held 1:1, in groups, on your site as part of a Training Day or Staff Twilight, or at Lighthouse School within a wider group of professionals.



Training & Support Sessions

We are proud to offer bespoke training packages tailored to meet the specific needs of your setting.

Whether you require targeted support for staff development, a focus on autism understanding, or training aligned with your organisation's neurodiversity practices, we will work closely with you to design and deliver high-quality, relevant content.



Understanding Autism - modular training course

Our training courses are designed to be delivered as standalone modules or as part of a comprehensive learning pathway. This structure allows for greater flexibility in scheduling, content delivery, and adaptation to the learning needs of your staff.



Autism Network and professional events

Professional events and a regular network meetings dedicated to autism-specific education offer a platform to share evidence-based practices, offer mutual support, and learn from one another.

Lighthouse hold regular, termly events, to provide opportunities for colleagues to create meaningful connections and engage in conversations that can impact students' educational journeys. The content of these are directed by the professionals who attend.

Training & Support Sessions

Our approach builds on previous CPD knowledge while incorporating best practices, ensuring your team gains practical knowledge that can be applied with confidence.

Training topics could include:

- Specialist autism training for organisations, including communication strategies and people management
- Practical workshops on key areas of support
- Speech and language support and training for staff at all levels (including support and auxiliary staff)
- In class observations and peer assessments to support teaching and learning strategies for groups, subjects or individuals
- Parental support groups on specific aspects of supporting their autistic children
- Family liaison support, advice and guidance
- Safeguarding training for staff on specific areas of supporting autistic learners
- Support for all areas of special educational leadership in school
- Support for curriculum improvements, planning and delivery and assessment methodologies

CPD Inset Days:

We have worked with a range of educational settings to provide a full training programme around a central SEND need for their organisation.

Initial Teacher Training:

We have supported organisations, through tailored workshops, to upskill their trainees with up-to-date autism practice as part of their SEND training.

Employer Training:

We have designed and facilitated bespoke workshops around supporting Neurodiversity in the Workplace.

Guest Speakers:

We have provided lectures, seminars and practical workshops for Universities, Colleges and conferences.

Lighthouse Understanding Autism Course



We are delighted to offer this series of interactive training modules developed and facilitated by the specialist team at Lighthouse School. These modules provide staff with the skills to enhance SEND (Special Educational Needs and Disabilities) practice in school with autistic learners.

These training modules will allow delegates to gain insight, further understanding, and practical strategies to adapt your practice to best support autistic learners in the classroom. Each training session is delivered in focused 1.5-hour sessions, ideal for busy schedules while ensuring depth and clarity.

This flexible format allows time for reflection, discussion, and practical application—building skills and confidence step by step.

Our training provides:

- Flexible learning: choose individual modules based on your specific needs and interests
- Gain knowledge: learn from our experienced and passionate practitioners dedicated to improving autism understanding and support
- Practical strategies: gain actionable tips and techniques that you can immediately apply with autistic individuals
- Interactive and engaging: each module features autistic voice, practical activities and take-away resources to reinforce learning

“Enlightening,
practical,
supportive”

“Engaging,
informative,
detailed”

“Inspiring,
productive,
insightful”

Lighthouse Understanding Autism Course



Unit	Module	CPD Hours
1	A. Autism Understood: an introduction B. Supporting sensory differences	1.5 1.5
2	A. Honouring Autistic Communication 1 B. Honouring Autistic Communication 2	1.5 1.5
3	A. Supporting emotional regulation in autistic learners B. Managing emotional health: anxiety, masking and burnout	1.5 1.5
4*	A. Adapting teaching and learning for autistic learners B. Supporting reading and writing across the curriculum for SEND C. Supporting autistic students in the classroom D. Supporting executive functioning *delegates choose 2 modules to complete the unit	1.5 1.5 1.5 1.5

Our course is available for individual delegate bookings — ideal for professionals seeking personal development — or as an in-house facilitation for whole staff teams. We deliver the same high-quality content, with a practical, tailored approach to suit your setting and needs, whether attending off-site or hosting on your premises

Lighthouse Outreach

Lighthouse Outreach service offers tailored, neuro-affirming support designed to meet the diverse needs of autistic learners and those with SEND.

Our outreach support is available to any educational provider or local authority.

Outreach is designed to be a medium to long term support for settings and learners. Through a structured referral process, we provide expert consultation to help schools develop inclusive, strengths-based practices

Outreach Delivery

We work closely with organisations to develop strategies that align with each learner's unique profile, promoting meaningful engagement and long-term success.

This flexible service can be accessed for individual students or commissioned as a longer-term Service Level Agreement (SLA) to embed sustainable, inclusive practice across your setting. Practical support.

Outreach Approach

Our proactive outreach service delivers expert, on-the-ground support where it's needed most. We provide immediate, practical recommendations during each visit, ensuring prompt action and real-time solutions.

Every session is followed by a clear, concise written report, outlining key findings and tailored next steps. Rooted in professional insight and best practice, our service is ideal for schools, care settings, and organisations seeking confident, informed guidance.

Crisis Outreach Support

Our crisis response is available to any educational provider or local authority. Crisis response is designed to be a short-term support for settings and learners to reduce school placement breakdown or chance of exclusion.

Outreach Support

Lighthouse Outreach can provide:

- Student-specific support
- Design and implementation of targeted interventions
- Guidance throughout the EHCP process.
- Support for a staff member or team working with an individual learner with a dedicated practitioner
- Advice and guidance in creating individual regulation support plans with a dedicated practitioner
- Support for the wider team around the child, including parents/carers, either for an individual learner or a class/group
- Advice and guidance on provisions within school, including transition arrangements, for individual learners
- Leadership advice and guidance for SEND practices.

Referral Process

Triage

Referrers will be informed if Lighthouse Outreach Team is able to support within 14 working days

Initial Assessment & Recommendations

Lighthouse Outreach aims to have completed assessment, including full written recommendations, within 14 working days. Any change to the schedule will be reported to the initial referrer in good time.

Contract & Delivery

Delivery includes planning, preparation, and materials required and written report afterwards

Review

1 hour remote support follow up offered

Outreach Examples



Student's representations of themselves during Wellbeing group supervised by Outreach Practitioner

Primary Setting:

Aims:

Set up wellbeing targeted provision and support and upskill HLTA's leading sessions around emotional wellbeing.

Delivery:

- Individual assessments
- Modelling of wellbeing sessions based around Autism Education Trust Framework
- Wellbeing targeted intervention around anxiety, regulation and communicating with others
- Follow up supervision

Next steps:

Supporting whole school universal approach to include neurodivergent adaptations.

College Setting:

Aims:

Student specific to support EHCP assessment and access to college provision.

Delivery:

- Individual assessment encompassing student voice
- Staff supervision and support within college and on supported internships
- Understanding Autism modules around emotional health

In addition:

- Development of provision map for bespoke pathways
- Supporting documentation for increased funding for individual students



Student exploring their regulation response with Outreach Practitioner

Family Support

Working in partnership with families and carers is a pivotal part of what we need to do to best support autistic students to thrive in their educational settings.

Lighthouse Outreach service can support settings to work with families on a range of topics including:

- Understanding autism
- Understanding and adaptations for sensory needs
- Supporting emotional regulation
- Understanding communication styles
- Understanding executive functioning
- Sleep and autism
- Accessing new environments
- Puberty and relationship support

These can be facilitated as parent support workshops, or for a mix of parents and practitioners. Please contact us for further information

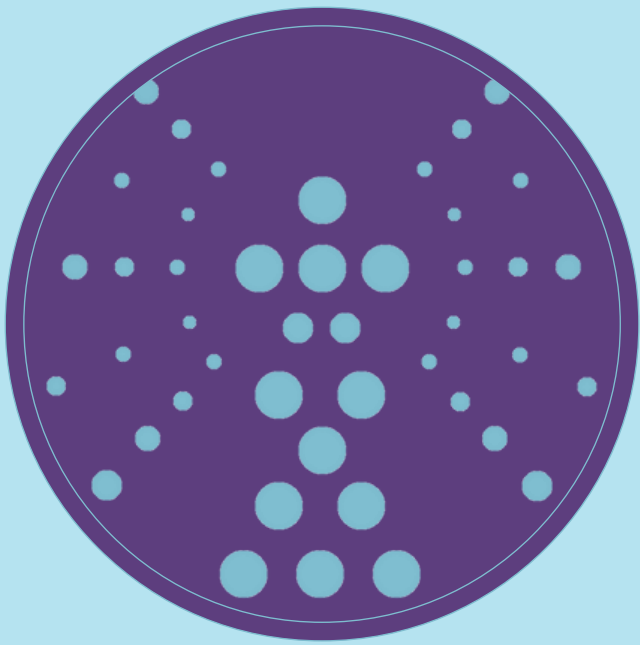


We are proud facilitators of the National Autistic Society's Teen Life programme for parents and carers of young autistic people aged ten to 16.

The six-session programme covers:

- Understanding autism
- Understanding autistic identity
- Stress and anxiety/understanding behaviour
- Health and wellbeing
- Puberty
- Education/planning for the future

If this programme would be useful within your setting, please get in touch to see how we can support.



Contact Information



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